## WORKS OF CHARITY Serving neighbors in need

#### **WINTER 2023**

**INSIDE:** 

"I'm keeping a spark of joy."

Passion for Service, Vision for the Future of Care

Catholic Study Club Invites Speaker



Milwaukee, Waukesha, Sheboygan, Racine, Fond du Lac, Kenosha, Walworth, Dodge, Washington, and Ozaukee Counties

## Beth's Hopeful Future: "I'm keeping a spark of joy"

One year ago, Beth and her mother turned a new page in their lives. As a loving primary caregiver to her mother, Beth worried deeply about the move from their family home. For many years, Beth suffered with the weight of sadness and depression on her shoulders: she showed signs of Hoarding Disorder.

With Beth's mother living safely in a skilled nursing facility, and Beth established in her new home, she sought help from Catholic Charities Hoarding Intervention and Treatment program. Her goal is to maintain safety and useful spaces in her new home. Brittney, her home coach, is there for her every step of the way.



Beth with Catholic Charities home coach Brittney

"I'm much happier here," said Beth, "Brittney is very good at keeping me on track." Brittney visits Beth each week to coach her, support her, and empower her. "Beth has been here almost a year, and she's doing great," Brittney said. Beth's new home is safe and functional, and she is feeling relieved and determined to continue her hopeful journey. "I'm keeping a spark of joy," she said.

#### **Staff Highlight: Forming a Client-led Journey**

Meet Carla Alejo, whose passion, vision, and expertise for serving clients with Hoarding Disorder enabled the founding of Catholic Charities' Hoarding Intervention and Treatment Program in 2014.

"We are the only agency in the country that has an integrated hoarding program," said Carla. The holistic program supports clients in a variety of ways, "Our clients' needs go well beyond cleaning," Carla adds, "They are in need of emotional, physical, and financial support."

Hoarding Intervention and Treatment staff offer a unique, holistic approach to serving people with Hoarding Disorder or hoarding tendencies in Milwaukee and Waukesha counties.



Carla Alejo, Director of In-Home Support and Hoarding Intervention & Treatment with staff members Cindy Murray, Brittney Spakowicz, and intern Tanya Zarling.

The client-led journey toward improved physical safety, mental health, and overall wellbeing is stewarded by the compassionate care of home coaching and coordination with case management and mental health therapy. **"We listen to our client's stories and life experiences. While we are supporting them, they are teaching us,"** Carla added, **"It's important to remember that loved ones with hoarding disorder are suffering a much deeper emotional experience than we can see on the surface."** 

## **Two Peas in a Pod: Marge and Gloria**

Making new friendships is a joy at any age. Marge and Gloria each came to Catholic Charities Adult Day Center looking for a home away from home that would meet their health and socialization needs. Neither expected to meet a new best friend.

"They really are two peas in a pod," said Annette, Director of Adult Day Services, "They are always side by side."

Marge and Gloria receive care from trained and experienced staff. Members engage daily exercise activities, lunch and nutritious snacks, personal care services, as well as crafts and games.



Marge and Gloria became fast friends when they met at Catholic Charities Adult Day Center

Family caregivers of our Adult Day Center members enjoy much needed respite during the day. They are confident that their loved one is safe and cared for while they work, run errands, and meet other responsibilities. The Adult Day Center is located at 1919 N 60th St., Milwaukee, WI 53208, and can be reached by phone at (414) 771-6063.

#### **Spreading a Loving Mission Through Guest Speaking**

Thank you to members of the Catholic Study Group of Waukesha who, on October 11, hosted Nancy Munoz, Catholic Charities Case Manager at our Waukesha Area Office, as a guest speaker.

Sharing our mission with groups throughout southeastern Wisconsin allows us to extend our reach to the community.

If you're interested in hosting a guest speaker from Catholic Charities at your next event, please contact Bennett Dirksmeyer at bdirksmeyer@ ccmke.org or 414-769-3405.



Nancy Munoz, Case Manager, with Anne Saccomando and Gloria Rozman

### **Catholic Charities Recieves Four-star Rating**



Platinum Transparency **Candid**. Inspired by Christ's call to serve, Catholic Charities' mission is to provide service to those in need, to advocate for justice, and to call upon others to do the same.

Your partnership in our mission makes a tremendous difference for neighbors in need in communities throughout southeastern Wisconsin. We need you, and more importantly, your neighbors need you!

That's why Catholic Charities is proud to share that we have again recieved four stars out of four with Charity Navigator, in addition to our Platinum seal of Transparency with Guidestar Candid.

We know that your confidence in our philanthropic integrity, organizational transparency, and financial sustainability is of utmost importance. Thank you again for your partnership to care for neighbors in need through Catholic Charities.

# Join Archbishop Listecki at Catholic Charities'

for a soup lunch and presentation of the Treasures of the Church Awards

Tuesday, February 28 Greater Milwaukee Area Luncheon

#### 11:30 a.m. - 1:00 p.m.

St. Francis de Sales Seminary St. Francis, WI

#### Thursday, March 9 Quad-Counties North Luncheon

11:30 a.m. - 1:00 p.m.

Holy Family Catholic Community Fond du Lac, WI Tuesday, March 21 Tri-Counties South Luncheon

11:30 a.m. - 1:00 p.m.

Hosted by Sacred Heart Catholic Church Bristol, WI Tuesday, March 28 Lake Country Luncheon

#### 11:30 a.m. - 1:00 p.m.

St. Anthony on the Lake Parish Pewaukee, WI

**For more information or to register visit** www.ccmke.org/Lenten-Luncheons or call (414) 769-3414



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